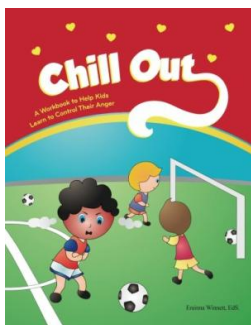


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CHILL OUT: A WORKBOOK TO HELP KIDS LEARN TO CONTROL THEIR ANGER



Counseling with Heart, United States, 2014. Paperback. Book Condition: New. 272 x 206 mm. Language: English . Brand New Book ***** Print on Demand *****.Chill Out is a tool that school counselors, teachers, and parents can use to help children deal with anger and the emotions they mask with anger. The intention is that it be used to help children deal with those underlying emotions, and recognize strategies they can use to calm themselves when placed in anger-inducing situations. Ages...

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- Authored by Erainna Winnett
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