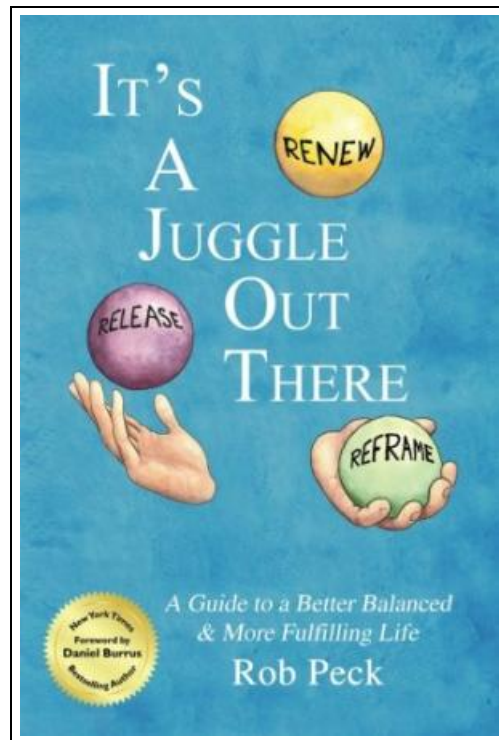


## Its A Juggle Out There A Guide to a Better Balanced More Fulfilling Life



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