



## Hot Tea: Cooking with Camellia Sinensis (Paperback)

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By Suzanne Catty

Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.You love white Tea but can t get the temperature right? You drink green tea for health but don t like the taste? Bored of basic black? Time to think outside the pot! HOT TEA takes our favourite leaf from the tea-pot to the cook pot. In 50 delicious and easy-to-follow recipes, HOT TEA dishes up everything from appetizers to desserts, vegan meals to omnivore delights. Tea Sommelier and health practitioner Suzanne Catty makes cooking with tea both healthy and fun. Whether you brew bags or leaves, Suzanne helps you start with the teas you know, preserving all the nutritional benefits the world s #2 beverage can offer. HOT TEA will open your eyes and mouth to a whole new world of flavour from the Camellia sinensis leaf. HOT TEA . more than just a cuppa!.

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