



## There's Something New about You: A Girl's Guide to Growing Up (Paperback)

By Melisa Holmes

GirlPact LLC, 2010. Paperback. Condition: New. Language: English . Brand New Book. Updated for 2017 and following, this edition of Girlology's There's Something New About You is the most complete and current guide for girls growing up. Please don't settle for outdated editions. You're at that age when there is a lot going on. First bras, hair growing on your legs, changing friendships, and periods. Some of it makes you feel embarrassed, some of it makes you want to scream, and some of it makes you want to roll your eyes and crawl under a rock. Welcome to puberty. Right now you can't imagine how any of this could be fun. But read this book and you can face the weirdness, get over the gross factor, and head into puberty with confidence and knowledge. It's definitely not a boring lecture like you hear in school. And it's not like an embarrassing little chat with your parents. It was written by two female doctors who are moms (and they're pretty funny). In addition to the advice, there are great stories about a cast of characters who are going through the same things you may be: Claire...



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