

## Kundalini - From Hell to Heaven (Paperback)

By Ganga Karmokar

Ganga Karmokar, United Kingdom, 2006. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Guidance for both those with awakened kundalini and for those seeking enlightenment. Description of signs and symptoms of kundalini awakening and descriptive stories of those going through the process. This is not a book giving kundalini yoga instruction - the author spent 30 years going through the process until its completion with self-realization in 1999.



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