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Hay House UK Ltd. Paperback Book Condition: new. BRAND NEW, Miracles Now: 108 Life-Changing Tools for Less Stress, More Flow and Finding Your True Purpose, Gabrielle Bernstein, Miracles Now by New York Times bestselling author Gabrielle Bernstein will help readers clear stress and find peace - even if they only have a minute to spare. Bernstein knows that most of us don't have time for an hour of yoga or 30 minutes of meditation to dissolve our anxiety, so she...

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- Authored by Gabrielle Bernstein
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