



rope (fitness program guide book)(Chinese Edition)

By ZHANG FENG MIN // QI JING LONG

paperback. Condition: New. Language:Chinese.Pages Number: 97 Publisher: Jilin Publishing Group Pub. Date: 2010-01-01 version 1 2010-01-01 1st printing. fitness program guide book from the planning. preparation to publication after nearly a year. writing group members Jilin Institute of Physical Education mainly experts and scholars. to take in Beijing. Shanghai. Tianjin. Dalian. Guangzhou and other 60 universities and scholars. Fitness program guide books. illustrated. practical. into ball games. gymnastics. fitness. .



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