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Foraging: A Beginner's Guide to Foraging Wild Edible Plants and Medicinal Herbs

By Jane Aniston

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Would You Like To Learn More About Foraging Exactly How To Forage Safely Effectively? - NOW INCLUDES FREE GIFTS! (see below for details) Are you interested in learning more about foraging? Are you new to foraging and would like to learn more about how to forage safely and responsibly? Would you like to know exactly how to store your foraged edible plants and herbs and the various methods available to you? Would you like to know how foraging can improve your overall health quality of life? If so, this book will provide you with the answers you've been looking for! "There is no such thing as free lunch," so the common saying goes, but a seasoned forager will beg to differ on that statement. They will tell you that, not only are there plenty of free lunches out there in the wilderness, there are also a whole lot of free breakfasts, dinners, snacks and medicines. All one has to do is take time to learn how to find them and make them edible. In...



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Reviews

It is a single of my personal favorite publication. It usually fails to charge an excessive amount of. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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