Biodynamic Cranio V2 (Paperback)

By Michael J. Shea Ph. D.

North Atlantic Books,U.S., United States, 2008. Paperback. Condition: New. Language: English . Brand New Book. The first volume of Biodynamic Craniosacral Therapy presented the basics of craniosacral therapy as a gentle, compassionate healing art that can be used by psychologists, midwives, chiropractors, and massage and physical therapists. In this second volume, author Michael Shea goes deeper into the entire biodynamic paradigm, analyzing the relationship of trauma resolution, psychodynamics, and shamanism, and providing practical meditations, visualizations, and clinical skills to restore physical, spiritual, and emotional health. The book opens by exploring the meaning of biodynamic, followed by a discussion of human embryology as a path to healing in any form of therapy. This section offers a set of pioneering techniques based on perceiving stillness--slow movement-as a fundamental healing influence. The next section describes the bridge between trauma resolution therapy and biodynamic work, establishes a new containment model, and offers skills for resolving shock and trauma. A special section contains fresh strategies for anyone working with infants and children, along with a provocative analysis linking the infant-mother relationship to the patient-therapist relationship. Finally, Shea provides a unique perspective on depth psychology, mythology, and healing. This includes the defining difference between biodynamic craniosacral...

READ ONLINE
[6.74 MB]

Reviews

Very good electronic book and valuable one. It is actually writter in basic words instead of difficult to understand. I discovered this ebook from my i and dad encouraged this publication to discover.
-- Prof. Jevon Frami

Completely essential read publication. It is really basic but excitement in the fifty percent of the book. You will not really feel monotony at anytime of your respective time (that's what catalogues are for about in the event you ask me).
-- Lexie Paucek PhD