



Into Stillness: Reminders on the Inner Path (Paperback)

By Dr Desre Coertze

Dr Desre Coertze, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Into Stillness is a compendium of spontaneous, inspirational insights that directed the writer s life-long inner search for God and freedom from suffering. The intention in sharing this work is the awakening of the reader s awareness and consciousness; alleviating the suffering that goes hand-in-hand with unawareness and living the illusions of the ego-mind or self. Throughout the book the reader is reminded that every person is responsible for their own suffering and their own happiness and that this responsibility may never be forfeited to any philosophy, religion, teacher, spiritual practice or any outer source. The insights shared in the work can merely serve as reminders or pointers on the inner journey. The inspiration of the work was the consequence of a shift in consciousness and living life beyond the ego-mind, initiated and fuelled by the spontaneous insights over a period of a lifetime and its value and contribution to spiritual awakening finally witnessed and comprehended within totality and inner freedom. The purpose of Into Stillness is long term, and the reminders are best assimilated through contemplation, inviting questions and cross-examining doubts....

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