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## ADD / ADHD Breakthrough (Paperback)

By Enza Lyons

Dynamic Learning Health Centre, United Kingdom, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.ADD / ADHD Breakthrough is about transforming children struggling with learning challenges to succeed at school and in life. Clearly you can see these children are intelligent, just stuck. Enza Lyons shares her insights of over 20 years of experience assisting parents and educators to help their children get along better at home, perform better at school and form healthy relationships. You will learn: -What choices parents have to help their child -ADHD drugs and alternative remedies -Alternative ways to optimise brain development to increase concentration, focused attention, build self-esteem and achieve success - Practical parenting strategies, nutrition, turning bad behaviour to cooperation, connecting through play, coping with stress in the family, improve ability to learn -Identifying certain behaviours that you can change and assist you to figure out ways to minimise this disorder in your life so you and your family can live with order and harmony in your life more than ever. In Enza s clinic, the success stories are very impressive. I welcome her publication of her book as it enables the caring parents of ADD, ADHD children...



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