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## Lectures and Fragments (Paperback)

By Musonius Rufus

Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. To relax the mind is to lose it. Gaius Musonius Rufus (c. AD 30-100) was one of the four great Roman Stoic philosophers, the other three being Seneca, Marcus Aurelius and Musonius's pupil Epictetus. Rufus taught philosophy in Rome during the reign of Nero, as a consequence of which he was sent into exile in 65 AD to Gyaros, a barren island in the Aegean Sea. Because Stoicism was, for Musonius, not merely a philosophy but a guide to daily living, he has been called the Roman Socrates. The opinions of Musonius were collected by two of his students, Lucius and Pollio. Twenty one lectures and an assortment of fragments are presented here. The lectures or discourses are as follows: 1. That There is No Need of Giving Many Proofs for One Problem 2. That Man is Born with an Inclination Toward Virtue 3. That Women Too Should Study Philosophy 4. Should Daughters Receive the Same Education as Sons? 5. Which is more Effective, Theory or Practice? 6. On Training 7. That One Should Disdain Hardships 8. That Kings Also...


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