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COMPUTER COMFORT: BALANCING YOUR TENSIONS - A MODERN APPROACH TO COMPUTER USE



Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition New. Melanie Wichlein (illustrator). 244 x 170 mm. Language: English. Brand New Book ***** Print on Demand *****. This book is about the Art of sensory and ergonomic education which can help you to make intelligent choices, bringing a fresh approach in dealing with or avoiding the trappings we all find ourselves in with the computer life. It addresses the hardships and problems that challenge us with some practical information...

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