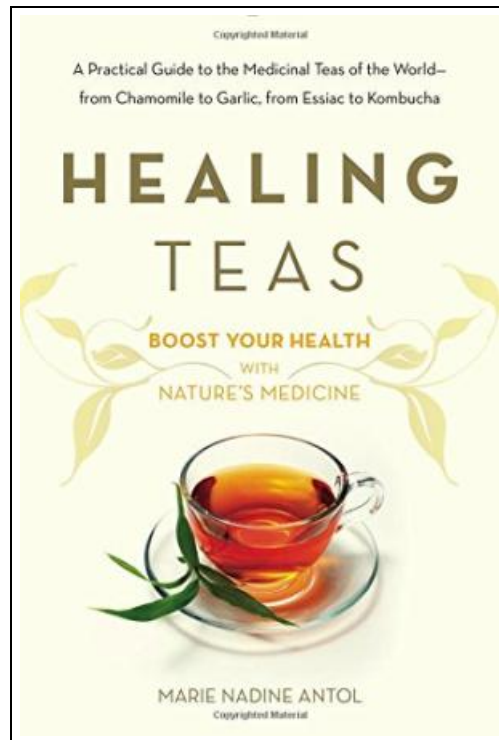


## Healing Teas: How to Prepare and Use Teas to Maximize Your Health



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