

## Hockey Plays and Strategies (Paperback)

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#### Reviews

This is the best book i have read until now. It can be filled with knowledge and wisdom Once you begin to read the book, it is extremely difficult to leave it before concluding. (Nadia Konopelski)

### HOCKEY PLAYS AND STRATEGIES (PAPERBACK)



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Human Kinetics Publishers, United States, 2010. Paperback. Condition: New. Original. Language: English . Brand New Book. Hockey Plays and Strategies presents all of the popular offensive, defensive and special teams systems used in today s game, as well as tactical advice on making ingame adjustments and player match-ups at every level of play. Veteran coaches Ryan Walter and Mike Johnston share more than 160 plays, systems and strategies to control the ice and light up the net. In this one-of-a-kind guide, you ll learn these skills: puck movement within the neutral zone to set up for attack zone entry and scoring chances on the rush; capitalising on all odd-man rush scoring chances and shutting down the opposition s opportunities; executing lock-down defensive play in all zones to eliminate good scoring chances and shots on goal; more than 25 power play systems for both the one-man and two-man advantage to keep the defense off balance and produce more scoring chances; penalty kill strategies that will styfle any attack and routinely clear the zone; controlling the puck and breaking up the opposition s play with aggressive forechecking and backchecking strategies; and, controlling the game with top-notch game management tips on line pairings and changes, key momentum changers and many more in-game adjustments to keep your opponents on their heels throughout the game. Whether an experienced coach or taking the coaching reigns for the first time, Hockey Plays and Strategies will guide smart, consistent and winning play.

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