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Tox-Sick: From Toxic to Not Sick

By Suzanne Somers

Random House USA Inc, United States, 2016. Paperback. Book Condition: New. 203 x 132 mm. Language: English . Brand New Book. It s as if we are all on a big, chemical drunk, and the hangover is a killer. Suzanne Somers, in TOX -SICK Pioneering health and wellness advocate, Suzanne Somers, delivers a powerful answer in this expose on the immediate and long-term dangers of living in a world that has become increasingly toxic to our health. The build-up of toxins in our bodies can lead to myriad health concerns including weight gain, food allergies, brain disorders, cancer, among many others. Moved to investigate by her own family s plight, Suzanne sits down with environmental doctors and specialists who share eye-opening information and practical advice for how to survive, thrive, and stay healthy today. In Tox -Sick you ll learn how to effectively detox all your body s systems and the different survival skills that can save your life, from top experts in the field, including: DR. SHERRY ROGERS, an environmental doctor for over 40 years, shares the truth about detoxification and where you will likely be if you don t take it seriously. DR. NICHOLAS GONZALEZ shares where cancer...

Reviews

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