The Meditation Mindset: Universal Success Through a Change in Perspective (Paperback)



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Reviews

This publication is really gripping and exciting. It really is basic but unexpected situations in the 50 % in the book. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Prof. Salvador Lynch)

THE MEDITATION MINDSET: UNIVERSAL SUCCESS THROUGH A CHANGE IN PERSPECTIVE (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English. Brand New Book ****** Print on Demand ******.WHAT WILL I LEARN FROM THIS BOOK? You Il learn meditation in action - which is seeing, hearing, thinking, feeling and acting - from a little distance. This is the method and mindset by which to operate with genius-like clarity and creative power. This keeping your distance perspective is a natural, reality-based way of life, a way to practice life, a way to do life, a way of living your potential as a healthier, happier, more confident, intelligent and fulfilled person. Nothing else is needed! HOW DOES KEEPING YOUR DISTANCE WORK? It works by disentangling your awareness from whatever it s aware of. This is how you live on the higher levels of your potential! It gives you an unbiased, unvarnished perception of the present moment. It s a mindset by which you re on top of all experience instead of below it; above whatever you re seeing, hearing, thinking, feeling and doing - instead of lost or entangled in it. You now know what you re doing instead of thinking or believing you know! It gives you direct, constant access to the subconscious part of your mind - the part that contains all the knowledge and power you need to take you wherever your heart desires - limited only by your imagination! It puts you in the all-powerful mind over matter position where you control yourself - instead of people, places and situations controlling you! It works in accordance with the law of detachment - that you can t know the truth of what you re experiencing unless you have some distance from it. Distance or separation is the truth or reality factor in all experience. For example, you can t...



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