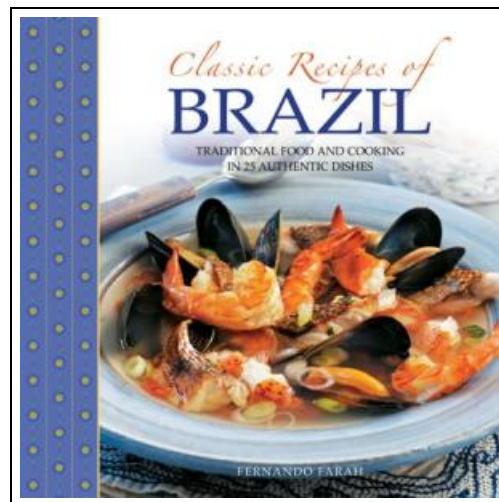


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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Classic recipes of Brazil: Traditional Food and Cooking in 25 Authentic Dishes, Fernando Farah, This title presents traditional food and cooking in 25 authentic dishes. You can discover the explosive tastes of Brazilian food and cooking from sizzling street food to dishes for special occasions. It includes traditional recipes for irresistible snacks like Pastel de Feira (little filled pastries), hearty family meals such as Moqueca Bahiana (fish stew with coconut milk), and Arroz de Carreteiro, a delicious rice dish made with spiced beef. The introduction offers a concise overview of Brazilian cooking and eating traditions plus a guide to the classic ingredients of the country. You can learn how to create Brazilian classics such as Feijoada, Vatapa and Farofa, and create delectable desserts such as Torta de Bananana. Nutritional information for every recipe is given. It is illustrated with beautiful photographs of practical steps and final dishes. The Brazilian people are as passionate about their food as they are about their carnivals and football team, and their national dishes reflect this enthusiasm. Brazil's history is in every bite of its food, from the corn porridge and cassava of the native Indians through the influences of the Portuguese colonists. This wonderful little book is the perfect introduction to this rich and vibrant cuisine, enabling you to create authentic regional dishes, and in doing so, share in Brazil's zest for life, food and celebration.



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