

## Take Charge of Your Beauty: Insider Tips on How to Restore and Enhance Your Natural Beauty Without Surgery (Hardback)



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*The book is great and fantastic. Better then never, though i am quite late in start reading this one. I realized this publication from my dad and i advised this ebook to find out.*  
*(Dr. Blair Mann)*

## TAKE CHARGE OF YOUR BEAUTY: INSIDER TIPS ON HOW TO RESTORE AND ENHANCE YOUR NATURAL BEAUTY WITHOUT SURGERY (HARDBACK)

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Medx Health Care, 2017. Hardback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book provides an informative and comprehensive overview of non-invasive cosmetic procedures that are currently used in contemporary dermatology, and it is intended as a guide to introduce readers to the plethora of options that have now reached the market, all of which are designed to enhance, restore and rejuvenate your appearance, with minimal downtime and impressive results. The first chapter talks about why you should take care of your beauty now, and it also provides an overview of some of the newest innovations in cosmetic dermatology. The book then goes on to discuss the fascinating science of beauty, based on universal mathematical principles and contemporary research findings. Sun protection is discussed with priority, because it remains the number one cause of premature aging, so I have dedicated an entire chapter to sun protection early in the book to provide readers with a thorough education about what they need to know and exactly what they need to be doing in regards to protecting their skin from the sun's harmful ultraviolet rays. There is an additional chapter about skincare, which provides thorough guidelines about what skincare products readers should be using for their skin type. Another chapter then talks about specific types of cosmetic concerns and the non-invasive options that are currently available to address each type of skin concern. This discussion also specifies procedures that might be useful for patients according to their age (from their twenties to into their fifties, and beyond). Subsequent chapters provide a detailed explanation about Botox, dermal fillers, laser treatments, photofacials, radio frequency treatments, infrared and personal LED Treatments, chemical peels, microdermabrasion, micro-needling and PRP, and non-invasive fat removal procedures, their uses, limitations, contraindications, advantages, what to expect during treatment, and discussions of each type of treatment also...



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