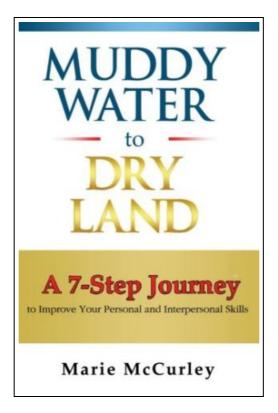
Muddy Water to Dry Land: A Seven-Step Journey to Improve Your Personal and Interpersonal Skills (Paperback)



Filesize: 1.36 MB

Reviews

This is the very best publication we have read through right up until now. It is one of the most incredible book we have read through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Miss Celia Volkman)

MUDDY WATER TO DRY LAND: A SEVEN-STEP JOURNEY TO IMPROVE YOUR PERSONAL AND INTERPERSONAL SKILLS (PAPERBACK)



Tkk Publishers, United States, 2015. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. How do you handle life s challenges? This book was written as a result of a challenging situation that the author experienced at a young age. That experience made a big impact on the author s life. This book provides some skills and techniques that may help you handle a few of life s challenges. This book contains seven skills that you can use. These skills may help you keep your poise, respect, and maybe even a friend. Step one in this book is Enhance Your Self-Esteem. In this chapter there is a discussion of what self esteem is and how to determine if you have low self esteem. Also provided are skills that you can use to raise your self esteem. Step two is Communicate Clearly. This chapter will show you the importance of using tone, body language, and listening skills to communicate effectively with others. Step three is Manage Conflict. In this chapter, you will discover just how easy it is to manage conflict with family, co-workers, friends, and within a group setting. Step four is Exhibit Integrity. This chapter explores the importance of integrity in both your personal and professional life. It includes steps you can use to develop your integrity. You will also learn about benefits that you can enjoy if you make the effort to develop integrity. Step five is Deal with Betrayal. Have you ever been betrayed? If so, you will be glad to know that you can overcome the broken trust and start a process to forgive your betrayer. Step six is Cope with the Loss of a Loved One. Very few occurrences in life are more devastating than losing someone you love. This chapter...

- Read Muddy Water to Dry Land: A Seven-Step Journey to Improve Your Personal and Interpersonal Skills (Paperback) Online
- Download PDF Muddy Water to Dry Land: A Seven-Step Journey to Improve Your Personal and Interpersonal Skills (Paperback)

You May Also Like



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the...

Download ePub »



What Do You Expect? She s a Teenager!: A Hope and Happiness Guide for Moms with Daughters Ages 11-19

Sourcebooks, Inc, United States, 2011. Paperback. Book Condition: New. 208 x 140 mm. Language: English. Brand New Book. If your little girl has suddenly turned into one big eye roll, then Arden Greenspan-Goldberg s...

Download ePub »



Readers Clubhouse Set B What Do You Say

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Ann Losa (illustrator). 142×13 mm. Language: English. Brand New Book. This is volume six, Reading Level 2, in a comprehensive program...

Download ePub »



And You Know You Should Be Glad

HarperCollins Publishers Inc, United States, 2014. Paperback. Book Condition: New. Reprint. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand ******. A highly personal and moving true story of friend-ship and...

Download ePub »



Smile/Cry: Happy or Sad, Wailing or Glad - How Do You Feel Today?

Exisle Publishing (Australia). Hardback. Book Condition: new. BRAND NEW, Smile/Cry: Happy or Sad, Wailing or Glad - How Do You Feel Today?, Tania McCartney, Jess Racklyeft, An innovative flip-over picture book for young kids, showcasing...

Download ePub »



God Loves You. Chester Blue

Henry and George Press. Paperback. Book Condition: New. Ursula Andrejczuk (illustrator). Paperback. 140 pages. Dimensions: 8.0in. x 5.2in. x 0.3in.BEAUTIFUL NEW ILLUSTRATIONS BRING THE STORY TO LIFEIA charming book about a mysterious bear that shows

Read Document »



Abraham Lincoln for Kids: His Life and Times with 21 Activities

Chicago Review Press. Hardback. Book Condition: new. BRAND NEW, Abraham Lincoln for Kids: His Life and Times with 21 Activities, Janis Herbert, 2008 National Parenting Publications Awards (NAPPA) Honors Award winner. Providing a fresh perspective

Read Document »



Genuine] Whiterun youth selection set: You do not know who I am Raoxue(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: 2012-08-01 Pages: 254 Publisher: rolls of publishing companies basic information title:

Read Document »



Noah's Ark: A Bible Story Book With Pop-Up Blocks (Bible Blox)

Thomas Nelson Inc. BOARD BOOK. Book Condition: New. 0849914833 Brand new in the original wrap- I ship FAST via USPS first class mail 2-3 day transit with FREE tracking!!.

Read Document »



Games with Books: Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.

Read Document »