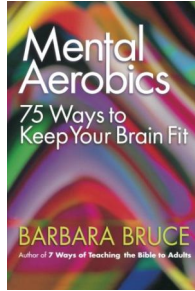


## Mental Aerobics: 75 Ways to Keep Your Brain Fit



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