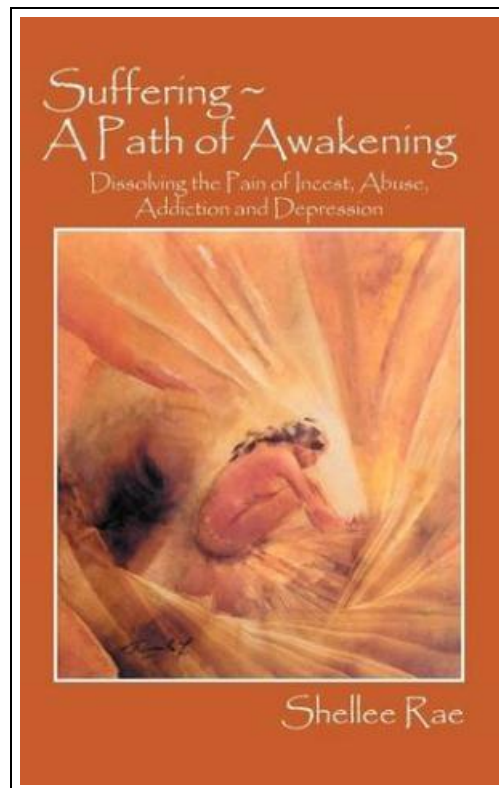


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(Prof. Mattie Beatty)

SUFFERING A PATH OF AWAKENING: DISSOLVING THE PAIN OF INCEST, ABUSE, ADDICTION AND DEPRESSION (PAPERBACK)



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Outskirts Press, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Suffering A Path of Awakening takes the reader on a 39-year journey of one woman s incredible life from a victim of sexual abuse, drugs, alcohol, and depression to the doors of death, into 12-step recovery, many spiritual paths and finally to full embodied awakening to Consciousness in August of 2008 with almost 11 years of sobriety. Similar to a pebble in a still lake, this book is more like a rock in a pond. Its ripples are great and they will touch the shores of many hearts almost immediately and in a profound way. Dive in wholly and feel the raw truth and vulnerability of this incredible real-life story. You can t help but to be inspired and deeply touched. This brave and heart-wrenching adventure will forever change the way you look at suffering and enlightenment. I am fascinated by this book.! It is very moving, sad, interesting.it brings so many feelings in the way the author tells the story that has to be told ! I couldn t put it down. I finished the book thinking this is an Awakening material that everyone, teenager or adult MUST read! I have not read any explanation of the unity of the self with the universe with such flow of energy and so graphic; I could float! Esther Gonzalez, Graphic Artist, Orlando, FL WOW! This is one helluva book. I think that may be what happens when one lets the words coming from the creative brain pass through the heart before getting into print. Shellee Rae manages to create a mental and emotional linkage with the reader that is very strong. About three pages into the book, the power of her words and...

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