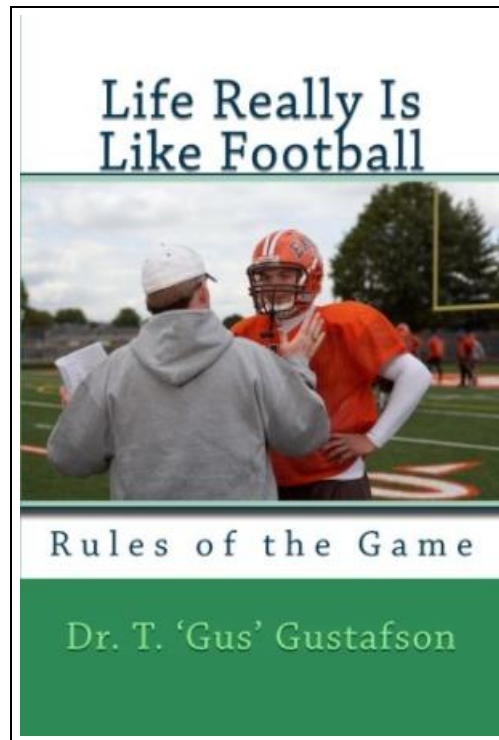


## Life Really Is Like Football: Rules of the Game (Paperback)



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### ***Reviews***

*A brand new electronic book with a new standpoint. It is written in basic phrases rather than confusing. It has been designed in an extremely basic way which is merely right after I finished reading through this publication where it basically altered me, changing the way I believe.*  
*(Kitty Crooks)*

## LIFE REALLY IS LIKE FOOTBALL: RULES OF THE GAME (PAPERBACK)



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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This book may not help you play better football, but it certainly will improve your game in life. Vince Lombardi said Football is like life. Dr. Gustafson proves that converse is also true. Life is like football; a hard-hitting team game that you can t win unless you understand the rules. Everyone is born into the same game of life, yet there aren t many books that lay out the rules. Of course, there are thousands of books that aim to motivate change by presenting recommendations for handling stress, maintaining a positive attitude, controlling your emotions, succeeding in your career, and finding happiness. This book highlights all of those issues, but without dispensing trite advice. Instead of telling how you should change, Dr. Gustafson focuses on how you can develop your own team, set your own goals, create your own playbooks, and plan your own winning strategies. Coach Lombardi saw many parallels between football and the game of life. But what are the rules that everyone must follow? And if life is really like football, who are your best teammates, and who are your most dangerous opponents? These are the kinds of questions tackled in this book. The game of life is complicated and sometimes painful. But the tough facts of life are easier to understand when presented in an entertaining and engaging way by comparing them to the game of football. Whether you are playing the first quarter or the fourth quarter of your life, this provocative book will help you to better understand the rules, identify the players, and develop a game plan to win.



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