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Lantern Publishing Ltd, United Kingdom, 2017. Paperback. Condition: New. Language: English. Brand New Book. Finding My Professional Heart is by the author of the highly regarded Developing Reflective Practice. It provides a guide to compassion and mindfulness for health and social care students and practitioners and a roadmap for developing compassionate practice. Drawing on both neuroscientific research and the contemplative traditions, the book argues that compassion is not a competency that can be trained, but a way of practising...

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- · Authored by Natius Oelofsen
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