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Chilled Demons Cheeky Heroes: Finding Motivation in Midlife (Paperback)

By Adam Senex

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Change is inevitable. Human beings and much of life on earth are evolving and changing more rapidly than ever before. There are two useful rules for readiness and acceptance of change, keep an open mind and make the change progressive whenever there is personal choice involved. We are learning that we have more control over who we are than we ever dreamt possible. True enough, there are barricades to turn into bridges but they become bridges all too easily once the awareness, belief and expectations become great and the old myths have been exploded or more likely re-interpreted. The hardest task is probably understanding what we are at this moment in time: How did we become this self? What are the forces that have determined who we are and can we break free from these forces? Can we really become anything we want to be? Can we become whole, sacred, enlightened, saved, a higher self, authentic or any of the other terms used to describe a human being making progress beyond the rigid and widely accepted norms? Are you happy being the norm,...

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