



## Flavors for Everyone: A Guide to Raising Siblings in a Special Needs Family (Paperback)

By Barbara Lauer Lauer-Listhaus Psy D

BookBaby, 2016. Paperback. Condition: New. Language: English . Brand New Book. Raising happy and healthy children is both rewarding and demanding in the best of circumstances, but when one child has special needs, new challenges arise, not only for the parents, but for the siblings as well. Flavors for Everyone provides an insider's view--by a neuropsychologist who is also the mother of a special needs son--into the complex problems that these families face when raising children with different abilities and personalities, and offers practical solutions for families to implement. Each chapter includes summary points that can be used as a quick reference for times when life turns stressful or unpredictable. Parents are encouraged to recognize their own strengths--and each child's unique characteristics--to foster personal development in all family members. Through acceptance and shared experiences, siblings learn to appreciate each other as they grow up together and mature into confident and caring adults. Key issues addressed include: - Explaining special needs to children of any age - Dealing with the unique challenges and obstacles siblings face - Handling sibling rivalry and overcoming resentments - Building self esteem through scheduled one-on-one time with each child - Validating feelings and encouraging...



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### Reviews

*This type of publication is almost everything and helped me looking forward and much more. I am quite late in start reading this one, but better then never. You wont really feel monotony at whenever you want of your own time (that's what catalogs are for relating to if you ask me).*

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