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Surviving Adolescents: The Must-have Manual for All Parents

By Michael Carr-Gregg

Penguin Books Australia, Australia, 2009. Paperback. Book Condition: New. Ron Tandberg (illustrator). 166 x 144 mm. Language: English . Brand New Book. Young people today enter puberty earlier than ever before and leave home later. The good news is that teenagers aren t impossible to live with, especially if parents adopt the common-sense strategies set out in this book. Dr Michael Carr-Gregg is one of Australia s leading authorities on teenage behaviour. Surviving Adolescents is a clear and very down-to-earth manual, drawing on his wealth of experience and wisdom. It has advice on all the thorny issues that confront families with teenagers - sexuality, risky behaviours, laziness, school and study problems, and much more. And it is full of practical tips for everyday survival, including: communicating effectively with young people defusing family conflict setting limits keeping the stress of parenting at bay avoiding common mistakes like fighting over things that don t matter Surviving Adolescents is the sensible, sanity-saving guide every household needs.



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