



## Chic Designs Coloring: 50 Mandalas to Bring Out Your Creative Side, Coloring Meditation, Coloring Painting, Promote Relaxation and a Unique Mindfulness Workbook (Paperback)

By Tamara Loehr

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.50 beautiful and intricate Mandala designs! Variety of levels of difficulty - from medium to very intricate Relax and let your stress melt away as you give your artistic side the center stage. Inside you ll find 50 amazing art activities that offer an inspiring adventure of patterning, shading, and coloring. One-sided pages;only one picture printed on each sheet. High-resolution images. A comfortable and convenient 8 x 10 size. Enjoy the delightful, stress-relieving benefits of coloring for adults with Mandalas!.



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