



I Hate You -- Dont Leave Me Understanding the Borderline Personality

By Hal Straus

Brilliance Audio. No binding. Condition: New. 7 pages. Dimensions: 6.5in. x 5.4in. x 0.7in. People with borderline personality disorder (BPD) experience such violent and frightening mood swings that they often fear for their sanity. They can be euphoric one moment, despairing and depressed the next. There are an estimated 18 million sufferers of BPD living in America today each displaying remarkably similar symptoms: A shaky sense of identity Sudden outbursts of anger Oversensitivity to real or imagined rejection Brief, turbulent love affairs Intense feelings of emptiness Eating disorders, drug abuse, and other self-destructive tendencies An irrational fear of abandonment and an inability to be alone For years BPD was difficult to describe, diagnose, and treat. But with this classic guide, Dr. Jerold J. Kreisman and health writer Hal Straus offer much-needed professional advice, helping victims and their families understand and cope with this troubling, shockingly widespread affliction. This completely revised and updated edition includes information on the most up-to-date research that has opened doors to the neurobiological, genetic, and developmental roots of the disorder, as well as the connections between BPD and substance abuse, sexual abuse, post-traumatic stress disorder, ADHD, and eating disorders, making it a vital reference for understanding and living...



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Reviews

An exceptional pdf and the typeface employed was fascinating to see. Better then never, though i am quite late in start reading this one. Your daily life span will be transform as soon as you total looking at this publication.

-- Dale White

Basicly no phrases to clarify. It really is rally fascinating throug reading time. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Anabel Zmlak