



Juicing Detox Recipes! 100 Green Smoothie Recipes for Weight Loss: (Your Simple, Energizing & Nutrient-dense Recipes for Cleanse and Detox)

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CreateSpace Independent Publishing Platform, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Juicing Detox Recipes! 100 Green Smoothie Recipes for Weight Loss (Your Simple, Energizing & Nutrient-dense Recipes for Cleanse and Detox) The juicing detox recipe smoothie regimen is made up of a balanced mix of natural fruits , green leafy vegetables , healing tea and water that help you detoxify the toxins stored in the fat cells of your body. The most effective weight-loss program should focus on both fat loss and detoxification- these will ensure your general improved health and wellness. Some specific natural green smoothies can help heal the body naturally, and, according to Smoothie Nutrition experts, "You will never need to count calories or follow complicated and expensive diet plans again, because your body would acclimatize to healthy natural foods!" Follow the 10-Day Green Smoothie Detox Diet Plan: For the Full cleanse regimen, eat ONLY smoothies, snacks, tea and water for 10 days. Follow the full cleanse righteously for ONLY 2 weeks at a go! For the Modified cleanse regimen, eat 1 smoothie cuisine for breakfast, 1 smoothie for lunch, 1 healthy meal for dinner, tea or water as meals;...



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And You Know You Should Be Glad

HarperCollins Publishers Inc, United States, 2014. Paperback. Book Condition: New. Reprint. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.A highly personal and moving true story of friend-ship and remembrance from the New York Times bestselling...



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Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. Tim Archbold (illustrator). 197 x 78 mm. Language: N/A. Brand New Book. These engaging Storybooks provide structured practice for children learning to read the Read Write Inc. Set 1 sounds. Each set...



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