



Living Fruitfully: Chastity: Learning From the Saints (Paperback)

By Fr John McKeever

Catholic Truth Society, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. ?If you would be happy, be chaste.? This latest title in the Living Fruitfully series addresses the provocative and often misunderstood subject of chastity. Too often considered an exclusively ?religious? option, the author makes the case for chastity, showing us that as a Christian virtue, we are all called to lead a chaste life in keeping with our particular state of life: whether married or single, ordained or lay, young or old. The work draws heavily on the teaching and example of the saints, beginning with a retelling of the story of St Augustine and weaving gems from St Thomas Aquinas, St Philip Neri and many others. There is a specific chapter on tools and spiritual weapons for the fight against temptation, and a short selection of prayers to help readers striving for chastity.



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