



7-Day Brain Power Challenge: Increase Brain Power in 7 Days (Paperback)

By Challenge Self

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Take Your 7-Day Brain Power Challenge Increase Brain Power In 7 Days Why are you reading this? Because: - You want to unlock the limitless power of what your mind has to offer. - You want to have better cognitive skills from memory to concentration. - You want to be able to think faster and smarter to get ahead in your life. - You want to learn anything easily to excel in the workplace or at school. - You want to keep your brain healthy and in top shape for years to come. The human brain is a miraculous machine and the best computer that you will ever find. Every day your brain is challenged in ways you don t consider. Whether it s trying to remember a friend s phone number, trying to finish a report for work or school, or handling issues with other people, you rely on your brain to help you with your reasoning and creative problem-solving abilities. There are many factor that come into play in how your brain operates. Everything you do, from the foods...



Reviews

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This ebook is really gripping and interesting. It is among the most remarkable pdf we have study. It is extremely difficult to leave it before concluding, once you begin to read the book.

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