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LIFE MAKEOVERS: 52 PRACTICAL INSPIRING WAYS TO IMPROVE YOUR LIFE ONE WEEK AT A TIME



Random House USA Inc, United States, 2002. Paperback Book Condition: New. Reprint. 203 x 130 mm. Language: English. Brand New Book. Now in paperback, the New York Times bestseller-featuring a powerful program that shows you how to reclaim your life one week at a time. Cheryl Richardson, the bestselling author of Take Time for Your Life, known to millions for her Lifestyle Makeover series on The Oprah Winfrey Show, recognizes firsthand how tough it can be to juggle the...

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- Authored by Cheryl Richardson
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