



Meditation with Mary Jayne: How I Lost One Hundred Pounds with Marijuana Therapy (Paperback)

By Ken Kizzee

Balboa Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. After having an apparent heart attack and living on pharmaceuticals for months to lessen the symptoms of hypertension, author Ken Kizzee describes how an alternative treatment resulted in weight loss, a focused mind, and relaxation, which in turn corrected the various symptoms of the ailments that the pharmaceuticals were trying to address. Marijuana therapy, which is a combination of meditation, breathing exercises, and cannabis, is the alternative treatment that changed his life forever. This story-lesson is how Ken Kizzee went from unhealthy and negative to being relaxed and groovy in a very short amount of time with seemingly little to no effort. This short book is a story of awakening; finding yourself and using that knowledge to change yourself.



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Reviews

Very useful to all group of folks. This really is for all who statte there was not a worthy of reading. I am very happy to explain how this is the best pdf i have study inside my personal life and can be he greatest book for actually.

-- **Marcelle Homenick**

Comprehensive manual! Its this sort of excellent read through. We have read through and i also am certain that i will going to read through once more again later on. You wont sense monotony at at any time of your time (that's what catalogs are for regarding in the event you question me).

-- **Prof. Geraldine Monahan**