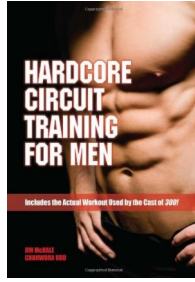


Hardcore Circuit Training for Men: Includes the Actual Workout Used by the Cast of 300!



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