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CUIDA TU CHI CÓMO ARMONIZAR LA ENERGÍA PERSONAL



OCEANO-AMBAR, 2006. soft. Book Condition: New. En todos los rincones del universo late una energía vital que mueve el cielo, la tierra y los seres humanos: el Chi. Para vivir con salud, energía y optimismo, tenemos que permitir que esta fuerza poderosa fluya sin trabas e inspire nuestra rutina. Oriente y Occidente se abrazan en este libro para enriquecer el día a día con los secretos del Chi. Además de explicar detalladamente cómo funciona esta corriente sanadora y cómo podemos...

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