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The Psychology and Spirituality of Overeating and Obesity: A Historical Survey of Christian Thought and the Contemporary U.S. Understanding of Gluttony (Paperback)

By William E Cecrle

Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Eat to live, don t live to eat. This was a common precept through much of Judeo-christian history. Gluttony held a special and deadly place in the taxonomy of sins for many centuries and it is particularly interesting that now, during our country s epidemic of obesity and eating disorders, the Church has become relatively silent on the issue. This book is an in-depth exploration of gluttony. The methodology is an interdisciplinary one that incorporates theology, psychology and biological sciences. It addresses the pertinent issues of obesity, overeating and other eating disorders from a distinct theological and psychological perspective. The first chapter is a historical survey of the Christian treatment of gluttony. The historical survey begins with detailed exegesis of Old and New Testament passages that are the most relevant to the sin of gluttony, followed by gluttony s treatment by the Patristics, Thomas Aquinas, Martin Luther, John Calvin, and John Wesley. The second chapter is a review of contemporary literature about gluttony. This chapter includes a review of both academic literature and popular religious literature. The third chapter discusses the current...



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