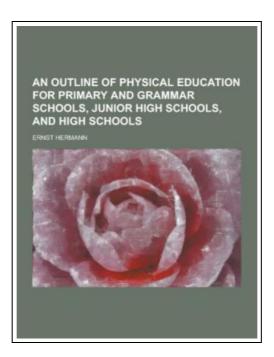
## An Outline of Physical Education for Primary and Grammar Schools, Junior High Schools, and High Schools



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## AN OUTLINE OF PHYSICAL EDUCATION FOR PRIMARY AND GRAMMAR SCHOOLS, JUNIOR HIGH SCHOOLS, AND HIGH SCHOOLS



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Theclassics.Us, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\* This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1917 edition. Excerpt: . GROUP m. JUNIOR HIGH SCHOOLS AND GRADES 7, 8, and 9 General Directions The general arrangement of the program of a typical physical training lesson is the same for these grades as for all others. The scheme is outlined on page 6. If more than fifteen minutes are available, the extra time should be divided between the second and the third periods. The distinct advance which should be made in this group of grades is accuracy of response and general poise, definite and precise execution of official formations, increased complexity of exercises, games, and dances, and complete organization of plays, games, and dances. Self-management during games must be brought to the highest possible perfection. This should be effective not only during physical training periods in the schoolyard. Team Organization Each class should have either six or seven regularly organized teams. The number depends upon the number of lines of desks in a given room. The right-hand aisles (except where there are modern movable desks) should be the respective playgrounds for each line, or what we shall call each team. The numbers of the players should always run from the first desk as No. 1 to the last desk as No. 6, 7, or whatever the respective number of desks is. In these grades the boys and girls should form separate team organizations. For games in the yards the number of teams may be reduced whenever...

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