



Holistic Insights for Everyday Wellness (Paperback)

By L Ac Maom Carlo St Juste

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Are you looking for more ways to become healthier, happier, and less stressed? Are you interested in using a holistic approach to optimal wellness and vitality? This book contains articles written for the sole purpose of helping you to improve your life and wellbeing. It is time to educate yourself and keep feeling your best. Carlo St. Juste, L.Ac is a licensed acupuncturist in the State of California. He has a background in Traditional Chinese Medicine and expertise in neuromusculoskeletal conditions, stress management, and overall wellbeing. He helps patients everyday become stronger and healthier individuals.



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