

Are You What You Eat? (Hardback)

Filesize: 2.94 MB

Reviews

This ebook is great. I am quite late in start reading this one, but better then never. I am just easily will get a satisfaction of reading through a composed pdf. (Brendan Doyle)

ARE YOU WHAT YOU EAT? (HARDBACK)



DK Publishing (Dorling Kindersley), United States, 2015. Hardback. Book Condition: New. 278 x 218 mm. Language: English . Brand New Book. Help your child better understand how food fuels and effects our bodies in Are You What You Eat? a book that uses color and fun presentation to communicate nutritional information in a fun and eye-catching way. Kids learn to see their food as more than just taste, learning things like which foods will make you sleepy, how to tell if you re hungry or full, and why our bodies need nutrition. Teach your kids the basics about proteins, taste buds, antioxidants, and more food facts with Are You What You Eat? Because nutritional information is presented through quizzes, questions, facts, and pictures, children are eager to learn from Are You What You Eat? They II be guided through food facts, how the digestive system works, and how to make smart choices about food and nutrition. Are You What You Eat? may even help picky eaters become a little more adventurous come meal time.

Read Are You What You Eat? (Hardback) Online
Download PDF Are You What You Eat? (Hardback)

Other Kindle Books

-

Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade Book Condition: Brand New. Book Condition: Brand New. Download Document »

_	

Games with Books : Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn from Preschool to Third Grade Book Condition: Brand New. Book Condition: Brand New. Download Document »

-		

love you more than anything (snuggle time stories)

Board book. Book Condition: New. Not Signed; This rhyming read-aloud book assures kids that they're loved more than anything in the world. Follow an adorable chipmunk family for a fun outing at the park, a... Download Document »

	_			
	-	1		
			_	

Talking Digital: A Parent s Guide for Teaching Kids to Share Smart and Stay Safe Online

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their... Download Document »

_	

Weebies Family Halloween Night English Language: English Language British Full Colour

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and...

Download Document »