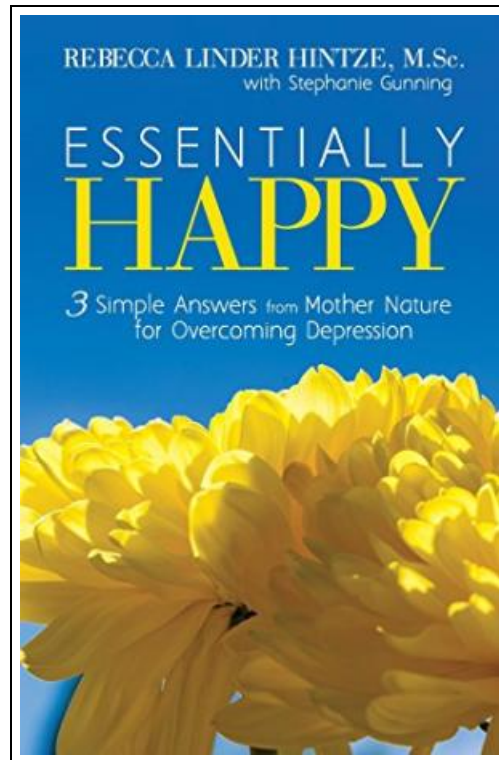


## Essentially Happy: 3 Simple Answers from Mother Nature for Overcoming Depression



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