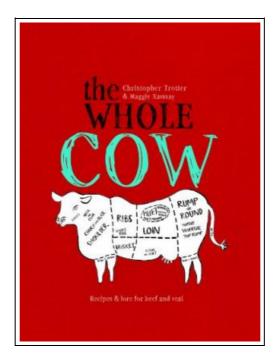
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THE WHOLE COW: RECIPES AND LORE FOR BEEF AND VEAL (HARDBACK)



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PAVILION BOOKS, United Kingdom, 2013. Hardback. Condition: New. Language: English . Brand New Book. A highly acclaimed companion volume to THE WHOLE HOG, this book is much more than just a cookbook. It is a unique blend of historical, geographical and culinary interest, together with clear explanations of how to cook the different cuts of beef and veal and over 100 delicious recipes from chef Christopher Trotter. It is a celebration of the cow and all its variants. The book not only gives us every which way to cook with beef and veal, but also gives the history and importance of great and rare breeds, butcher s recommended cuts and true head-to-tail eating. It includes the latest on ethical veal which has attracted huge press coverage over the past year or so. Ethical veal has returned in force for consumers, its welfare-friendly credentials writ large across the blackboard. This is a must-buy for any meat enthusiast.



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