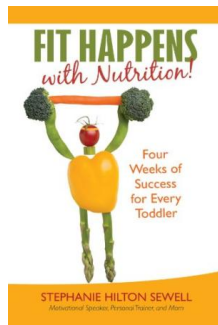


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iUniverse.com. Paperback. Book Condition: New. Paperback. 76 pages. Dimensions: 8.8in. x 6.0in. x 0.4in. STEPHANIE HILTON SEWELL earned her bachelor of science degree from Western Carolina University. She is certified through American Fitness Professionals and Associates as a personal trainer, group fitness instructor, and nutrition and wellness consultant. The Presia A nutrition and wellness consultant leads parents through a fun and informative four-week journey on how to teach toddlers about making healthy food choices. With obesity on the rise in America,...

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