



Delight

By Dr. Barbara Becker Holstein

AUTHORHOUSE, United States, 2005. Paperback. Book Condition: New. 223 x 147 mm. Language: English . Brand New Book ***** Print on Demand *****.Delight is the culmination of Dr. Holstein s professional adventuring into positive psychology, combined with her own journeying back to her roots as a Jewish woman. She has a passion to help women feel impassioned about where they are going and how to live lives of meaning, well-being and purpose. In Delight she leaves no leaf unturned! Every time she experiences a celebration or activity in the world of being Jewish she brings in the reader so she can celebrate and move ahead in her life s journey. Join her as she travels in Jewish circles known only to a few, dancing with the women at a festive wedding, dipping herself into the pure waters of a Mikvah, and more!.



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