



Diabulimia: Towards Understanding, Recognition, and Healing

By Aarti Esther Sharma

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 266 pages. Dimensions: 9.0in. x 6.0in. x 0.6in.Diabulimia, also known as Eating Disorder Diabetes Mellitus Type I (ED-DMT1) is a severely clinically under-recognized condition, where diabetic individuals essentially omit doses of insulin in order to purge calories and control their weight. It is a complicated illness with multiple etiologies and potentially lethal complications. In this book, the author fuses her unique perspective as a former diabulimia patient with her medical training to expound upon all aspects of the condition. Including sections intended for the clinician, patient, and general layperson, this book is unprecedented in the detailed and nuanced information offered. The authors personal experience also enables her to describe in painstaking detail the psychology underlying diabulimia, the hoops that patients must jump through in order to conceal the illness from their close contacts and physicians, the destructive complications and daily travails, the difficulties encountered during treatment, and the realistic stipulations surrounding recovery and relapse. Leaving no stone unturned, Diabulimia: Towards Understanding, Recognition, and Healing, adopts a scholarly medical approach towards important components such as history, epidemiology, symptoms, methods of execution, screening, prevention, treatment, recovery, and relapse....



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