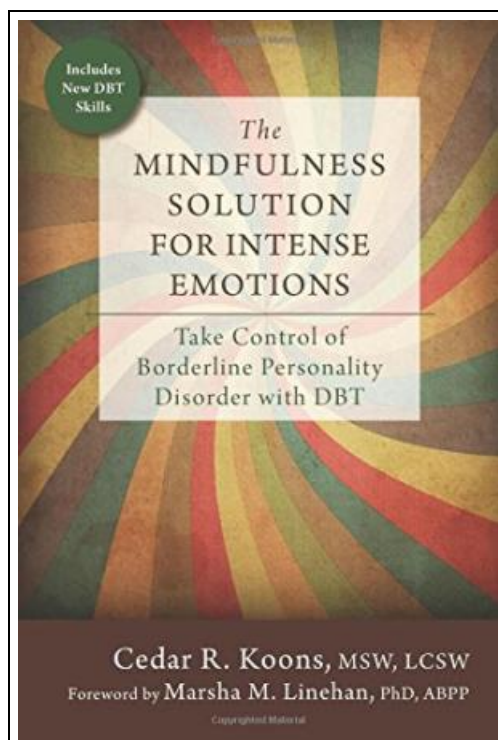


## The Mindfulness Solution for Intense Emotions: Take Control of Borderline Personality Disorder with DBT



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