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Emotional Vampires at Work: Dealing with Bosses and Coworkers Who Drain You Dry

By Albert J. Bernstein

McGraw-Hill Education - Europe. Hardback. Book Condition: new. BRAND NEW, Emotional Vampires at Work: Dealing with Bosses and Coworkers Who Drain You Dry, Albert J. Bernstein, Do you work with vampires? Learn how to protect yourself! Banish the bloodsuckers from your professional life - whether it's a coworker, subordinate, or boss, there's at least one emotional vampire in every office. These people try your patience, sap your energy, and add an entirely unhealthy dynamic to workplace productivity. The bestselling author of Emotional Vampires and Dinosaur Brains shows you how to spot and deal effectively with these dysfunctional elements in the workplace: Antisocials, who crave excitement in all its forms, including aggression: if your boss or a coworker is trying to push you around. Learn that the most important battle to fight with a bully is in your own mind; Histrionics, who believe that what it looks like is more important than what it is: if your boss thinks any problem can be solved with a motivational seminar. Learn how to get a manager wannabe to actually manage. Includes: Narcissists, who believe that the universe revolves around them: if your CEO makes Louis XVI look like Gandhi. Learn techniques that diplomats have used throughout...

Reviews

This sort of book is everything and taught me to seeking forward and more. This really is for those who statte there had not been a well worth reading. I found out this pdf from my i and dad advised this book to discover.

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-- Antonia Lindgren II