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Breastfeeding For Dummies

By S. Perkins, Carol Vannais

John Wiley & Sons Inc. Paperback. Book Condition: new. BRAND NEW, Breastfeeding For Dummies, S. Perkins, Carol Vannais, Gain confidence and enjoy breastfeeding. Get physically and mentally ready to breastfeed your baby. This easy-to-follow guide, written by two maternal/child health experts, provides practical, reassuring advice on everything from making preparations at home and starting to breastfeed at the hospital to breastfeeding while working and weaning. This title features: the dummies way explanations in plain English; 'get in, get out' information; icons and other navigational aids; tear-out cheat sheet; top ten lists; and, a dash of humor and fun. This title helps to discover how to: tell if your baby is getting enough milk; care for your breasts and nipples; solve breastfeeding problems; nurse two children at a time; and, breastfeed outside the home.



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Reviews

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