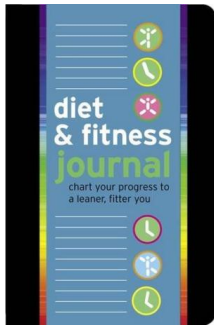


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DIET & FITNESS JOURNAL: CHART YOUR PROGRESS TO A LEANER, FITTER YOU



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