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HEALTHY CITIES



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Healthy cities
Integrating sport and walkable space in to urban
planning



Condition: New. Publisher/Verlag: LAP Lambert Academic Publishing | Integrating sport and walkable space in to urban planning | The most obvious advantage of a walkable community is the health benefit of exercise to individual citizens. Urban planning can either promote walking and the use of alternate modes of transportation or promote inactivity and the use of cars. One of the main characterizes in order to achieving "healthy city" is creating urban sport and walkable space. Urban management and local governance should...

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